May 10-11, 2025

Santa Catalina

14380 N DRAGLE RD, TUGSON 85739 Catholic Church

A REDEMPTORIST COMMUNITY

Pastoral Team

Fr. Huy Vu, C.Ss.R **Pastor**

frhuy@santacatalinaparish.org Redemptorist Renewal Center

Deacon Flavio Sanchez Deacon Alfonso De LaRiva Deacon Steve Letourneaux

Parish Office

(520)-825-9611

Mon-Fri 9:00 am-3:30 pm

Mass Schedule

Daily Mass

Mon-Fri 8:00 am

Weekend Mass

Sat 4:00 pm (Vigil)

Sun 7:00 am 9:00 am

11:00 am (Bi-lingual)

5:00 pm

Reconciliation

Wed 8:45 am (until line ends) Sat 2:30-3:30 pm ... or by appointment

Anointing

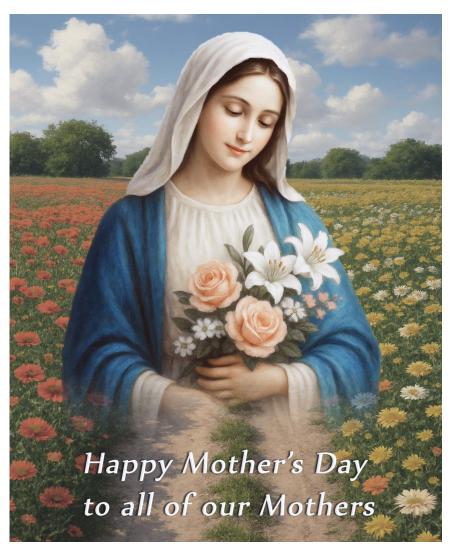
First Friday of the month at 8:00 am Mass ... or by appointment

Adoration

In Church, Wed 8:30 am -8:30 pm Chapel hours, Mon-Fri 8:00 am-2:30 pm

Rosary in the Church

Mon-Fri 7:30 am



Fourth Sunday of Easter

Parish Mission:

As members of God's Faith Community at Santa Catalina Catholic Parish, we commit our lives to being the voice, hands, and spirit of Christ, as our way of continuing God's call to love and peace.

Misión Parroquial:

Como miembros de la Comunidad de Fe de Dios en la Parroquia Católica Santa Catalina, comprometemos nuestras vidas a ser la voz, las manos y el espíritu de Cristo, como nuestra forma de continuar el llamado de Dios al amor y la paz.



Spiritual

Outreach

personal

Parish Vision:

Together as a parish, we will strengthen our spiritual and personal lives so we can live out our mission as disciples. Led by the Redemptorist Charism, we will follow Christ the Redeemer, to build communities where all people can encounter the message of plentiful redemption, to serve the most abandoned, to minister to those in need and to be evangelized by them.

Visión Parroquial: Juntos como parroquia, fortaleceremos nuestra vida espiritual y personal para que podamos vivir nuestra misión como discípulos. Guiados por el Carisma Redentorista, seguiremos a Cristo Redentor, para construir comunidades donde todas las personas puedan encontrar el mensaje de abundante redención, y servir a los más abandonados,

ministrar a los necesitados y ser evangelizados por ellos.

Join Our Vibrant Parish Community - Become a Part of Santa Catalina Parish

We invite you to join our dynamic and welcoming parish family. As a member of Santa Catalina Parish, you will find opportunities to deepen your faith, connect with others, and make a meaningful impact in our community.

To Join our parish

- Visit our website at <u>www.santacatalinaparish.org</u> to register online
- Stop by the parish office and ask Donna, to provide a paper registration form

We look forward to welcoming you to our parish family.

To Support our Parish Mission

We rely on your generosity to continue serving our community. There are two easy ways to share your gift with Santa Catalina Parish:

- Online Giving: sign up on our website at: https://osvhub.com/santa-catalina-church/giving/funds
- **Envelope Program:** Contact our parish office to learn more about our envelope program



Do you wear a hearing aid? We have installed a Hearing Aid loop in the church. Switch hearing aid to T-coil.

Please Silence Your Cell Phone ...at all times inside the Church. Thank you for understanding.





Report Abuse If you or someone you know is a victim of abuse Contact law enforcement (911), call the Victim Assistance Program of the Diocese of Tucson (520-623-0344) or visit https://diocesetucson.org/reportabuse.

Al-Anon & AA Meetings Thursdays in the Marian Room, Al-Anon is 4-5:00 PM, contact Judy at 520-639-8650. AA is 7-8:30 PM, contact Art at 520- 825-5218.



Contacts 520-825-9611 x:

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Bulletin	Leslie Fore / Christopher Auclair		bulletin@santacatalinaparish.org
Webmaster	Christopher Auclair		chris@thinking-cap.com

This Week's Meetings & Events

Day	Time	Meeting/Event	Location
	10:00 AM	St Vincent de Paul	Marian
Mon, May 12	10:00 AM	Sacred Scripture Study: Luke	Mesquite, Ocotillo
	4:00 PM	Music Ministry/choir rehearsal	Church
	5:30 PM	Music Ministry - Bilingual Choir	Church
	9:30 AM	Yoga Faith	Catalina
	1:30 PM	Arts & Crafts for All	Ocotillo
Tree Marcin	2:00 PM	Dignity of Life monthly meeting	Marian
Tue, May 13	4:00 PM	5 PM Mass Choir Rehearsal	Church
	6:00 PM	Men's Prayer Group	Marian
	6:00 PM	Women's Prayer Group	Saguaro
	8:30 AM	Eucharistic Adoration	Church
	8:45 AM	Reconciliation	Church
	9:00 AM	Cultivando Mi Fe	Mesquite
Wed, May 14	10:00 AM	St Vincent de Paul	Marian
	10:00 AM	Dress a Girl Ministry meeting	Saguaro
	1:00 PM	Understanding Sunday Scripture	Catalina
	4:30 PM	Faith Formation Classes K-8th	Mesquite, Ocotillo, Cholla
	After Daily Mass	Rectory Ground Breaking	
Thu, May 15	9:00 AM	Fingerprinting	Parish Hall
	4:00 PM	Al-Anon "High Hopes" Meeting	Marian
	6:30 PM	Sacred Scripture Study: Luke	Mesquite, Ocotillo
	7:00 PM	AA Meeting	Marian
Fri, May 16	8:00 AM	Volunteer Half Day Retreat - Jubilee 2025	Parish Hall
Sat, May 17	2:30 PM	Reconciliation	Church
	12:15 PM	O.C.I.A. & Confirmation	Conference
Sun, May 18	1:00 PM	Rosary Celebrating the Month of Mary	Church
_	3:00 PM	Mental Health Focus - Sunday Session	Saguaro

Mark Your Calendars (Thu, May 15th): Groundbreaking Ceremony!

Dear Parish Family,

We are thrilled to announce a very special moment in the life of our parish—our **Groundbreaking Ceremony!**

On this joyful day, we will come together as a parish family to bless the ground and celebrate the official beginning of our new construction project. We are deeply honored that **Bishop Gerald Kicanas**, our Diocesan Administrator, will join us for this special occasion.

Bishop Kicanas will celebrate our **8:00 AM Daily Mass** on May 15, and immediately afterward, we will proceed to the groundbreaking ceremony.

We hope you will join us for this beautiful milestone in our parish's journey. Let's celebrate together with gratitude for what God has done—and with great hope for what He continues to build among us! We look forward to seeing you there!

Blessings, Fr. Huy C.Ss.R, Pastor 🕆



Spiritual Renewal Retreat

"Come away by yourselves to a quiet place and rest awhile." — Mark 6:31

Sometimes the best way to deepen our faith is to simply step away from the noise, the busyness, and the routine—to make space for God's voice and presence. A Spiritual Renewal Retreat offers this sacred opportunity: a time to pause, reflect, and allow the Holy Spirit to refresh your soul. Through prayer, Scripture, fellowship, and



FR. STEVE

guided reflections, retreat participants are invited to reconnect with the heart of their faith and be renewed for daily life and ministry. Santa Catalina Parish is hosting two special Half-Day Retreats this year, featuring guest speaker Fr. Steve Rehrauer, C.Ss.R. All are welcome to join us for these uplifting gatherings of prayer, fellowship, and spiritual refreshment.

First Retreat - Friday, May 16, 2025 Location: Santa Catalina Parish Hall Schedule:

- 8:00 AM Mass
- Light breakfast in the Parish Hall
- Morning retreat session with Fr. Steve
- 12:00 PM Lunch
- 1:00 PM Closing Prayer

Second Retreat Wednesday, November 19, 2025

Location: Redemptorist Renewal Center

To register, contact: Madeline Rugama at (520) 825-9611 ext. 104 or email mrugama@santacatalinaparish.org



Rachel's Vineyard – A Healing Retreat for Pregnancy Loss - You are not alone

Rachel's Vineyard offers a powerful healing opportunity for anyone struggling with the emotional and spiritual pain of pregnancy loss—whether through abortion or miscarriage.

These weekend retreats are a unique and effective way to experience God's mercy and compassion in a safe, confidential, and non-judgmental setting. Participants are invited to grieve their loss and find healing from feelings of anger, shame, and guilt.

The retreat is especially helpful for those who wrestle with selfforgiveness or forgiving others. We also welcome individuals who have worked in the abortion industry and are seeking healing from their own experiences.

Through a combination of creative and therapeutic processes, Rachel's Vineyard retreats offer psychological and spiritual healing—what many describe as "therapy for the soul."

2025 Healing Retreat Dates: May 23–25 and October 10–12 Held in Tucson, Arizona

For registration or more information, please visit

www.rachelsvineyardtucson.org or call (520) 743-6777

If you would like to help others attend, especially those in need of financial assistance, please consider making a donation at the same website. •

Alzheimer and Dementia: What you Need to Know (Tomorrow, May 12th)

Please join the Santa Catalina Mental Health Ministry Katrina is certified through the Alzheimer's as it presents its May Mental Heath Focus on Monday May 12th at 6pm and Sunday May 18th at 3pm.

Katrina Johnson, the Memory Care Coordinator at Sunrise Senior Living will be presenting on the stages of Alzheimer's disease and Dementia, redirection and validation techniques, effective communication strategies, and caregiver burnout.

Association and has been a certified caregiver for nearly 14 years. Memory care is her passion, and she strives every day to champion the quality of life for all seniors.



The presentation will be in the parish hall. The same presentation will be given each session, so feel free to attend the one that fits your schedule.

Join the Book Bunch and Bring A Friend on June 12th The group will be discussing *The Leftover Woman* by Jean Kwok

An evocative family drama and a riveting mystery about the ferocious pull of motherhood for two very different women.

lasmine Yang arrives in New York City from her rural Chinese village without money or family support, fleeing a controlling husband, on a desperate search for the daughter who was taken from her at birth. Publishing executive Rebecca Whitney seems to have

it all: a prestigious family name, wealth, a highpowered career, a beautiful home, a handsome husband, and an adopted Chinese daughter she adores. The Leftover Woman finds these two unforgettable women on a shocking collision course. The Book Bunch meets at 1:00pm in the Cholla Room.

May is Mental Health Awareness Month

Prioritize Well-Being at Every Stage of Life

Mental Health Awareness Month was established in 1949 to increase understanding of the importance of mental health and wellness in our lives and to celebrate recovery from mental illness. Mental health is essential for overall well-being at every stage of life. • Regardless of age, background, or experience, prioritizing mental health helps strengthen individuals, families, and communities.

Supporting Older Adults' Mental Health

As we age, we may experience life changes that can affect our mental health. It's important to remember that help is always available, and support can make a meaningful difference.

Life changes in older adults can impact mental health, but help is always within reach.



- Mental health conditions in older adults may appear differently—often through changes in interests, mood, or energy levels.
- Open conversations about mental health can encourage older adults to seek the care they need.
- Mental health care can enhance quality of life, independence, and social connections.
- Spending time with older adults fosters meaningful connections and promotes well-being for everyone involved.

For more information, contact NAMI at 520-622-5582 or email mhm@santacatalinaparish.org. ₽

Pastoral

Vocations are the foundation of a thriving Church, guiding communities in faith, service, and love. Praying for vocations is a vital way to support those discerning a call to priesthood, religious life, or lay ministry. Through prayer, we invite God to inspire and guide individuals as they respond to His call, deepening our own spiritual connection in the process. This practice uplifts discerners and reminds us of our shared responsibility to foster a culture of vocation.

Families can unite in prayer, reflecting on God's plan

The Power of Prayer: Supporting Vocations

for their lives and others. Incorporate prayers for vocations into daily life—through personal prayer, family devotionals, or parish initiatives like adoration or novenas.

Every prayer is a seed planted in faith, nurturing a future filled with devoted priests, religious, and ministers. Let us remember: vocation is not just an individual call but a shared mission. May our prayers strengthen the Church and inspire many to answer God's call with courage and love. \$\frac{1}{4}\$

Bringing Christ to the Homebound: Ministry at Brookdale Independent Living

Every Sunday, Eucharistic Ministers from our parish bring the gift of the Eucharist to a group of about 15 residents at Brookdale Independent Living in Tucson. This heartfelt ministry provides spiritual nourishment, fellowship, and a sense of connection for those who are unable to attend Mass in person.

Among those serving in this ministry are Deacon Steve and Claire Letourneaux, who generously share their time while wintering here from Wisconsin. Their visits have not only deepened their own spiritual journey but have also fostered meaningful friendships with the residents.

During their most recent visit on March 30, 2025, the residents honored Deacon Steve and Claire with a delicious lunch as



a going-away gift, expressing their gratitude and affection. This ministry is truly a blessing—for those who receive and for those who serve—reminding us of the joy and grace found in sharing Christ's presence with one another. The

We Value Your Voice

The Pastoral Council wants to hear from *you*.

Share your feedback, questions, and ideas for how we can continue to grow as a parish community. We also welcome

your words of encouragement and appreciation.

You can drop your comments in the new "Comment Box" in the narthex, email us at pc@santacatalinaparish.org, or speak to any Pastoral Council member.

Your input helps us create a more welcoming and spiritually enriching parish for all. &

You're Invited ... to enter into the Passion of Our Lord and join fellow parishioners on our *Passion Play Team*.

We need *you* to help continue our 25+ year tradition. If you're interested or would like more information, please contact the parish office and ask to have one of our team members reach out to you. T



Volunteers Needed: Vacation Bible School

Lead children on an exciting adventure through the sacraments at this year's Vacation Bible School. Join us for VBS June 16th-20th, 9:00 am-12:00pm.

Volunteers needed for crafts, snacks, games, and more. No experience needed—you will be fully trained. We promise a fun, faith-filled, joyous week as you work in community with your fellow volunteers to gently lead our children to Jesus.

Contact Katharine at RE@santacatalinaparish.org or 505-670 -1897 with any questions or to volunteer.



The Weekly Cross

... is a program to pray for Catholic vocations.

Participating parishioners attend either the 4 PM Mass or the 5 PM Mass. The priest will call the week's participant to the Altar at the end of Mass to receive the Cross.

Participants pray for vocations and return the Cross the following weekend before the appropriate Mass. Members of the Ministry will be outside after the designated Masses to sign up participants. Please pray to promote Catholic vocations. †

Come Pray the Rosary Every Sunday in May

May is the Month of Mary. Let us show our devotion to the Blessed Mother by praying the Rosary, singing Marian hymns and asking for her intercession in our needs.

We invite all our parishioners to join us in praying the Rosary to our Blessed Mother Sundays throughout the month of May in the Church at 1:00 PM. The Rosary and songs will be in both English and Spanish so that all may participate. Please join us in this spiritual experience.

Refreshments will be served on the patio afterwards (weather permitting). 🕆

Ven a rezar el Rosario todos los domingos de mayo

Mayo es el mes de María. Demostremos nuestra devoción a la Santísima Madre rezando el Rosario, cantando himnos marianos y pidiendo su intercesión por nuestras necesidades.

Invitamos a todos nuestros feligreses, a unirse a nosotros para rezar el Rosario a nuestra Santísima Madre, todos los domingos de mayo en la Iglesia a la 1:00 p. m. El Rosario y los cantos, se cantarán en inglés y español para que todos puedan participar. Únase a nosotros

en esta experiencia espiritual.

Al terminar la actividad, se servirán refrigerios en el patio (si el clima lo permite). 🕆

Readings for the week of May 11:

Mon: Acts 11:1-18/Ps 42:2-3; 43:3, 4/Jn 10:1-10

Tue: Acts 11:19-26/Ps 87:1b-3, 4-5, 6-7/Jn 10:22-30

Wed: Acts 1:15-17, 20-26/Ps 113:1-2, 3-4, 5-6, 7-8/Jn

15:9-17

Thu: Acts 13:13-25/Ps 89:2-3, 21-22, 25 and 27/Jn

13:16-20

Fri: Acts 13:26-33/Ps 2:6-7, 8-9, 10-11ab/Jn 14:1-6

Sat: Acts 13:44-52/Ps 98:1, 2-3ab, 3cd-4/Jn 14:7-1 **T**



First Reading: The Gentiles were delighted when they heard this and glorified the word of the Lord. All who were destined for eternal life came to believe, and the word of the Lord continued to spread through the whole region. (Acts 13:48-49)

Psalm: We are his people, the sheep of his flock. (Ps 100)

Second Reading: "For the Lamb who is in the center of the throne will shepherd them and lead them to springs of life-giving water, and God will wipe away every tear from their eyes." (Rv 7:17)

Gospel: Jesus said: "My sheep hear my voice; I know them, and they follow me." (In 10:27) ♣



Spiritual

Gospel Reflection:

A few years back, I felt as if I couldn't hear God's voice the way I used to. The words in the Bible seemed like cold ink on a page. Prayer felt like sitting anxiously in a lonely room. I was worried — how could I, a priest, preach or help others if I couldn't hear God's voice? It went on for months.

Then a friend encouraged me to go on a retreat and spend as much time as possible in silence. After a day or two of quiet prayer, I noticed gentle

but clear thoughts of repentance in two specific areas of my life. I asked God for the grace to change, and I went to confession. Suddenly, the divine silence that haunted me was filled with a sense of God's closeness and goodness. I realized, gratefully, that God had been speaking to me in the quiet voice of my conscience.

This week we hear Jesus say, "My sheep hear my voice. I know them and they follow me" (John 10:27). Jesus links the hearing of his voice to following him. He speaks to us in our conscience in an intimate, personal way, when we most need to hear him. When you feel deaf to God's voice,

perhaps it is time to listen in silence for His voice in your conscience calling you to hear and follow the Good Shepherd of your soul.

— Father John Muir ©LPi 🕆

Reluctant Sheep

Sheep get an awfully bad rap, linguistically. Some are quick to label people as "sheep" if we think they haven't sufficiently questioned authority or if they're too willing to go along with someone else's plan.

We say someone has "the wool over their eyes" if they aren't willing to see what we think is very obvious. "A wolf in sheep's clothing" is what we call someone looking to take advantage of those too gullible to identify a real threat.

Taking all this into account and considering how often we are referred to as sheep in Scripture, you've really got to wonder if God trying to tell us something about ourselves.

If you look at the phraseology associated with sheep, it's no wonder that nobody wants to be one. Sheep are innocent. Sheep can't protect themselves. They're vulnerable and easily misled.



We want to see ourselves as the opposite of all that. We like to think we're shrewd, with plenty of common sense. We want to believe that we don't have to rely on anybody for anything. We would sooner identify with the wolf than with the sheep —

at least the wolf can take care of himself.

We do this because we often resist the need to rest in the greatness of God. Like a child walking to school alone for the first time (forgetting his mom is following watchfully in the car), we want to think we can handle it all by ourselves.

The truth is that God is trying to tell us something by comparing us to sheep: You don't have to do this on your own.

Every time I look at an obstacle and think that there is no way around it, I am forgetting that I have a shepherd who knows the location of the gate.

— Tracy Earl Welliver, MTS ©LPi 🕆



This Week's Liturgy Schedule

Date	Mass	Celebrant	Inte	ention	
			Ŷ	Fedora Fischer Rubio by the daughters	
Sat, May 10 4	D	n c. n l	Ŷ	Jim Cadwallader by Bernie & Anita Lee	
	4:00 PM	Fr. Steve Rehrauer	*	Maria G. Rubio-Fischer by her sister	
			*	For all parishioners celebrating a birthday in May	
	7.00 444	For Chardia Waladaa	*	For those with mental illness by Mental Health Min.	
	7:00 AM	Fr. Charlie Wehrley	*	For parishioners celebrating a birthday in May	
	9:00 AM	Fr. Huy Vu	Ŷ	Mary & Edward Zvonar by Sophie Zvonar	
			*	For Our Lady of Life ministries by James Kern	
			*	For those with mental illness by Mental Health Min.	
G 14			*	For parishioners celebrating a birthday in May	
Sun, May 11		Fr. Huy Vu	*	For those with mental illness by Mental Health Min.	
	11:00 AM		Ŷ	Monsignor Joseph Pokusa by Regina Arntz	
			*	For parishioners celebrating a birthday in May	
		Fr. Huy Vu	*	For parishioners celebrating a birthday in May	
	5:00 PM		*	For those with mental illness by Mental Health Min.	
			t	Colin Levett by Barbara Tillyard	
		Fr. Brian Johnson	Ŷ	Beatrice Urwin by Michael & Kay Shannon	
Mon, May 12	8:00 AM		t	Rocio Palma by Rita Quin	
			*	Tim & Janis Gaule wedding anniversary by Tim Gaule	
	8:00 AM	Fr. Charlie Wehrley	t	Anna Opsatnick by Tom & Donna Opsatnick	
Tue, May 13			Ŷ	Willetta Sehorn by Marge Post	
			*	Mona Mariani by David Stevens family	
	8:00 AM	Fr. Brian Johnson	Ŷ	Harold Adams by Harry & Dottie Adams	
Wed, May 14			Ŷ	Scott Lewer by Ida Androwich	
			*	Jay Leaeno by Marge Post	
Thu, May 15	8:00 AM	Bishop Kicanas	*	Pam Walpole by Deb Auclair	
Tilu, May 15			t	Dale Mc Crillis by Leona Gloden	
Fri, May 16	8:00 AM	Fr. Charlie Wehrley	₽ -	g cy c c c c c	
Sat, May 17	4:00 PM	Fr. Hu Vu	₽ -	Veronica Schaefer by Sophie Zvonar	
			₽ P	Tom Sieverding by Joe & Deb Sieverding	
			th n	Evelyn Bonneprise by Gansheimer family	
	7:00 AM	Fr. Charlie Wehrley	₽	Dale Sieverding by the family	
Sun, May 18	9:00 AM	Fr. Huy Vu	*	David & Mary Maloney by Mary Maloney	
	11:00 AM	Fr. Huy Vu	₽ ~	Fred Di Paolo by Fannie Di Paolo	
			ਹੈ ਨ	Daryl Tillyard by Barbara Tillyard	9
	5:00 PM	Fr. Steve Rehrauer	Ŷ	Dale Sieverding by the family	<u>ש</u>

Please Pray for Our Parishioners



Stacy Zieminski Ann Marie Arnold

Susann Rein Mollie Minke Mona Mariani Debra Elofson



Chuck Jerz

Mimi Cuono	Jeffrey Van Slyae	George Price
Anita Garcia	David W. Maloney	Derek Palmer
Pat Gasca	Gregory Surowiec	Jeanie Polak
Bob Stamer	Mary Rose Hagstrom	Sophie Varalli
Robert Perry	Raul Velasquez	Greg Ballard
Leslie Fore	Edward Montano, Jr	Ty Vallinoto
Linda Howard	Sandy Cavendar	Molly McCabe

We Don't Follow Strangers

I get a little crazy when it comes to my kids' safety. We've probably had a few too many conversations that could be entitled "What to Do If Mommy Loses You At the State Fair" or "Don't Trust People Just Because They Smile At You." Am I making them paranoid? Possibly. But that's something they can sort out later with their therapists.

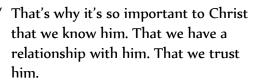
Because here's the bottom line of it all — I don't want to instill a fear of strangers into my kids, but I do want them to understand that you can't always trust people you don't know (heck, you can't always trust the people you do know, but that's another therapy-provoking conversation we can have when they're older).

If someone says, "Hey, follow me," and we don't know them, it's not always a great idea to comply. First, we have to ask questions. "Where are you taking me? Why are we going? Who else will be there?"

But if someone we know and love and trust says, "Hey, follow me," we don't even think twice, and we don't need to ask any questions. We know wherever we're going is a safe place for us because we have a

relationship with the person doing the leading. We feel comfortable putting ourselves in their care.

Michael Sienkiewicz, Jr





Colleen Jurkiewicz Dorman

Because we don't follow strangers, do we?

I don't have all the answers to the questions I would love to ask Christ. "Why is this happening? Where are you taking me?" But the beautiful thing is, I don't actually need those answers. I know him. He's got my hand. Wherever we're going is where I want to be. ©LPi

Financial Report	Weekend of 4/27	Attendance
Offertory	\$14,634	
Major Maintenance	\$255	1228
Total	\$14,889	
2024	\$15,154	1218
Rectory	\$95	

Gratitude — Cultivate thankfulness in all circumstances
Hydration — Drink water to nourish your body and mind
Healthy Sleeping Pattern — Prioritize rest for restoration
Authenticity — Be true to yourself without masks
Being Present — Live in the now, not in the past or future

Deep Breathing — Reset your nervous system with mindful breaths

Physical Exercise — Move your body to energize your spirit

Time in Nature — Reconnect with the earth's calming rhythms

Comparison — Focus on your own journey, not others' highlight reels

Idealizing Past Relationships — Let go of what no longer serves

Lack of Boundaries — Learn to say no and protect your peace

Alcohol & Drugs — Temporary highs, long-term lows

Negative Self-Talk — Replace inner criticism with compassion

Social Media — Monitor consumption and stay grounded

Overthinking — Don't let worry rob your present

People Pleasing — Don't trade authenticity for approval



The World Day of Prayer for Vocations

The World Day of Prayer for Vocations was established in 1964 by Pope Paul VI as a day for all Catholics throughout the world to pray for an increase in vocations to the priesthood and religious life. Will you make a special effort to ask the Lord for more vocations to the priesthood and religious life?

 Pray for the priests who have ministered to you throughout your life.

- Keep our parish priests and deacons in your prayers throughout this week and the year.
- Encourage your children, grandchildren, or other young people to consider a vocation as a priest or religious brother or sister.



Understanding the Papal Conclave: A Guide to How a New Pope Is Chosen

When a pope dies or resigns, Catholics around the world witness the ancient and solemn process of selecting his successor—a tradition rich with history, symbolism, and prayerful discernment. The Catholic Update Special Edition, How a New Pope Is Chosen, written by Church historian Christopher M. Bellitto, PhD, offers readers a clear and thorough overview of this time-honored process.

This special issue explores how papal elections have evolved over the centuries, from the earliest days of the Church to the structured conclave system in place today. The article explains the important role of the camerlengo, who oversees the transition period following a pope's death, and describes the period of interregnum, during which the Church awaits the

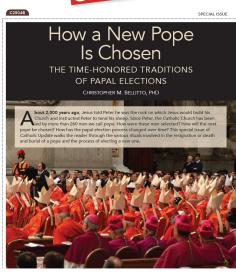
election of the next Holy Father.

One of the most fascinating sections details the inner workings of the conclave—the secret gathering of cardinal electors in the Sistine Chapel—where ballots are cast, votes are tallied, and black or white smoke signals the outcome to the waiting world. The article also touches on reforms introduced by recent popes, including John Paul II and Benedict XVI, that have shaped the current procedures.

Importantly, the piece reminds us that the election of a pope is not merely the work of the cardinals, but an act of the entire Church, supported by the prayers of the faithful.

You can read the full article on





our parish website at: https://santacatalinaparish.org/C2504B-Special-Edition-Upload.pdf.

We encourage everyone to learn more about this aspect of our Catholic tradition. T

Outreach

Save The Date May 17th & 18th: Summertime Donations for Sr. Jose Women's Center

For the homeless women who shelter on the street, we need::

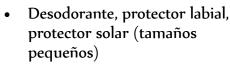
- Deodorant, Chap Stick, Sunscreen (small sizes)
- Hairbrushes and combs, (new) Kleenex packages
- Water bottles.
- Sun hats, visors

For the women who stay overnight at the shelter, we need:

- Bathrobes or coverups
- Underwear, small sizes(new)
- Bras, new and used

Cash is always welcome to purchase needed items
The Center continues to welcome 75 to 100 ladies
daily, for breakfast, lunch, showers and wardrobe
from our retail shop, as well as to provide 50
overnight guests a safe, comfortable place to sleep.
We continue to see an increase in our elderly
population, the average age at the shelter is 62
years. Your generosity is supporting our ladies is so
appreciated.

Para las mujeres sin hogar que se refugian en la calle, necesitamos:





- Cepillos y peines para el cabello, paquetes de pañuelos desechables (nuevos)
- Botellas de agua
- Sombreros y viseras para el sol

Para las mujeres que pernoctan en el refugio, necesitamos:

- Batas, mantos o túnicas
- Ropa interior, tallas pequeñas (nueva)
- Sujetadores, nuevos y usados
- El efectivo siempre es bienvenido para comprar artículos necesarios.

El centro recibe diariamente entre 75 y 100 mujeres, quienes reciben desayuno, almuerzo, duchas y ropa de nuestra tienda, además de brindar a 50 huéspedes un lugar seguro y cómodo donde dormir. Seguimos observando un aumento en la población de la tercera edad; la edad promedio de las albergados es de 62 años. Agradecemos enormemente su generosidad para apoyar a nuestras mujeres. 🕆

Life Happens

We at St Vincent de Paul recently had an encounter with a family who was rolling along with everyday happenings and things seem to be going well when Life Happened. The father, one of the

two bread winners, had a completely unexpected heart attack. The father was now facing open heart surgery. The family reached out to us because they had received a court date for an eviction and if they were evicted would be forced to move a few weeks prior to the scheduled surgery. The mother was still working as a healthcare worker and fitting in as

many shifts as she could with the needs at home and her husband's health weighing on her shoulders. We were able to contact the management company and with some negotiating and financial help prevent the eviction. The family has let us know that the surgery went well and he is recovering at home. Needless to say, they were so grateful for the assistance we provided through St Vincent de Paul which is all thanks to the generosity of our parish family. You stood in the gap when Life Happened to this sweet family. The

Outreach

Local Immersion Tour Shows Parishioners Ways to Help the Poor



In April, two groups participated in the Local Immersion tours—powerful opportunities to witness firsthand the realities faced by the poorest of the poor, and to meet the remarkable people who are putting love into action

right here in our own community.

The tour began with a visit to Casa Maria, a grassroots organization dedicated to serving Tucson's homeless and low-income families. During our time there, we had meaningful conversations with the Grand Knight who coordinates their clothing donation efforts, learning how critical these contributions are for those in need. We also met Brian Flagg, who has faithfully led Casa Maria for over 40 years. Every day, with the help of a committed core team and volunteers, Casa Maria serves approximately 450 breakfasts and lunches to the homeless and distributes groceries to 150 struggling families—a true labor of love and perseverance.

Our next stop was the Sister Jose Women's Center (SJWC), a sanctuary of hope for homeless women in our area. One group was privileged to hear directly from Jean Fedigan, the founder of SJWC, who shared her inspiring mission and the harsh realities faced by women experiencing homelessness. The center provides a safe place where women can receive breakfast and lunch each day and access essential services like laundry, showers, and rest facilities. SJWC also offers overnight shelter for about 55 women, providing them with safety, dignity, and a sense of belonging.

Though their approaches are different, both of these organizations are working tirelessly to address the growing challenges of homelessness and poverty in our



DON FORE, JOE MEGAN, THERESA CHANEY, MIKE DOWNS



DON FORE, KATHY LINTHWAITE, RIG RAMSEY, CHARYN FLY neighborhoods.

If you are interested in seeing these efforts firsthand and learning how you might make a difference, consider joining a future Local Immersion tour. The next opportunity to participate is May 21st—we hope you'll come along and be inspired. \$\frac{1}{4}\$

Santa Catalina Blood Drive May 25th

For information or to make an appointment, please call the American Red Cross at (800) 733-2767 or log onto <u>redcrossblood.org</u> and use sponsor code: **sancat** **







SCAN TO SCHEDULE AN APPOINTMENT

Outreach

Prayer Garden - We need helpers at 8:30 AM Wednesdays and Saturday's April and May to water the gardens, plant shrubs, trees and flowers and whatever is needed. We promote Pope Francis's "Laudato Si, On Care For Our Common Home."

Contact Mary Hojnacki via sajm@santacatalinaparish.org or just show up.

Christ Child Society of Tucson -

Foster Teens — do you have 2 hours of time once a month? We pack 50 drawstring bags with hygiene products, etc. for foster teens in South Tucson. Please consider joining us at the National Self Storage at 12071 N Thornydale Rd the first Friday of the month! Contact Deb Auclair via sajm@santacatalinaparish.org

HELP WANTED

Helping Hands needed to receive donations for Sr. Jose Women's shelter before all masses the weekend of May 17 and 18th. You would need to come to mass 15 - 20 minutes early.

Contact Sally Sample via sajm@santacatalinaparish.org



A man was trying to figure out what was wrong with his car when a horse walked up and said, "It's your carburetor." Stunned, the man leapt to his feet and ran up the road to where the farmer was standing. "I was just trying to fix my car when your horse told me it's my carburetor!" he exclaimed. The farmer smirked. "Was it an old sway-back?" The man said, "Yeah, that's the one!" The farmer, laughed, "Don't listen to him—he doesn't know a thing about cars."

